



Year 4
Ironbridge
2-4 April 2025

Ironbridge Coalbrookdale Youth Hostel



Transport



- Roberts Travel operate coach and Minibus hire across the UK.
- Our preferred transport provider for all our school trips.
- Cost effective travel.

Where are we going?



Itinerary

Wednesday:

- Depart New Swannington at approx. 9.15am (come and wave us off – no tears allowed!)
- Mid-morning – arrive at RAF Cosford.
- Late afternoon arrive at Ironbridge Coalbrookdale Youth Hostel
- ‘Live Quiz’ from Ironbridge

Thursday:

- Enginuity
- Evening fun and games

Friday:

- Blitz Hill Victorian Town
- Return to New Swannington @ approximately 4.00pm (we will keep you posted with timings on the day)

Further information...

Staff:

- Mrs Harris
- Mr Skinner
- Mrs Ramsell
- Mr Will

Return

- The cost of the trip will be £177.00 per child and this can be paid in instalments via the School Gateway.

Information:

- Medical history ie. regular medication required.
- Food/Dietary requirements.
- Kit List.
- Links to Medical and Dietary forms have been sent home.

Further information...

On the day:

- Children will require a packed lunch (and a small drinks bottle) from home and a rucksack to carry it in. Please put the packed lunch in a bag that can be thrown away rather than a lunch box.
- Children should wear comfortable clothing with sensible shoes and a coat.
- Medication should be handed to a member of staff with full instructions on the morning of departure.
- Pocket money (of £10.00 maximum) should be handed to a member of staff.

Return

- We will aim to be back at school by approx. 4.00pm, however, this is obviously dependant on traffic; we will keep you updated along the way.

Kit List

In addition to the outdoor clothes worn for the journey, the following items are suggested:

- Waterproof coat or anorak with hood (essential).
- Waterproof trousers - if possible.
- Trainers for outdoor use and a plastic bag to keep them in.
- Trainers/shoes for indoor use.
- Wellingtons (strongly recommended) in a clearly marked plastic bag.
- Pairs of warm trousers/jogging bottoms.
- Warm long-sleeved jumpers/sweatshirts/fleece tops.
- Hat and gloves.
- Pyjamas/nightdress.
- Changes of underwear for each day.
- Socks for each day and spare pairs.
- 1 x Towel.
- Toiletries (no aerosols) and a wash bag to keep them in.
- Plastic bags for dirty/damp clothing.
- Book or quiet game, no electronic games.

Cont/...

Kit List

- Many thin layers are better than one thick layer of clothing.
- All clothing, especially footwear should be labelled.
- All luggage should be clearly labelled with the child's name and New Swannington Primary School.
- Plastic bags are useful for dirty and damp clothing.
- Footwear should be comfortable and "worn-in". It would be advisable for your child to use what they already have rather than purchasing new trainers.

Menus – Packed Lunch (eg.) ...

Packed Lunch

Packed lunches contain a sandwich, bag of crisps, biscuit bar, and piece of fruit.

Please remind everyone in the group to bring a refillable water bottle with them.

Indicate the sandwich choice(s) for your stay to allow us to place an order with our sandwich supplier:

	Tues	Weds	Thurs	Fri
Ham on white bread (Urban Eat) 246kcal				
Cheese on white bread (Urban Eat) 335Kcal				
Egg Mayo on white bread (Urban Eat) 334kcal				
Cheese & Onion in malted bread (Urban Eat) 405Kcal				
Chicken Mayo in malted bread (Urban Eat) 328kcal				
Tuna Mayo in white bread (Urban Eat) 329kcal				
Egg and Cress in malted bread (Urban Eat) 324kcal				
Chicken & Sweetcorn in malted bread (Urban Eat) 310kcal				
Tuna & sweetcorn in malted bread (Urban Eat) 308kcal				

Menus – Tea Time (eg.) ...

Meat Free Monday find out more at www.meatfreemondays.com	
Pesto Pasta with Garlic bread - 342 kcal (v) and Mac and Cheese – 200 kcal (v)	
Jacket potato with cheese & beans (optional) (v) – 657 kcal	
Chocolate brownie sundae (v) – 202 kcal	
Choc ice (v) – 171 kcal	
Fresh fruit (v)	
Tuesday	
<u>Peri Peri</u> Chicken Thigh Pockets and Fries – 577 kcal	
<u>Peri Peri</u> Falafel Pockets and Fries (v) – 611 kcal (v)	
Jacket potato with cheese & beans (optional) (v) – 657 kcal	
Mini Sugared doughnuts (v) – 307 kcal	
Choc ice (v) – 171 kcal	
Fresh fruit (v)	
Wednesday	
Pasta and Veggie Meatballs with Garlic Bread (v) – 654 kcal	
Jacket potato with cheese & beans (optional) (v) – 657 kcal	
Alabama Chocolate Fudge Cake – 447 kcal	
Choc ice (v) – 171 kcal	
Fresh fruit (v)	
Thursday	
Classic Cheeseburger and Fries – 810 kcal	
Veggie Burger and Fries (v) – 768 kcal	
Jacket potato with cheese & beans (optional) (v) – 657 kcal	
Sugared waffles with caramel sauce and cream (v) – 432 kcal	
Choc ice (v) – 171 kcal	
Fresh fruit (v)	

