

New Swannington Primary School - Wellbeing Offer

Who is it for?	Our Universal provision for all children	Targeted Provision – narrowing the gap- additional provision for some children	Personalised provision- high level of personalised provision for a few children
Children	<p>Clear whole school behaviour/trauma informed practice policy Visual and verbal prompts to reinforce rules; Be Safe, Be Kind, Be Respectful, Be Aspirational All pupils greeted by key staff on entry and waved good bye on exit Consistent use of rewards and where necessary immediate learning opportunity driven sanctions Positive praise/reward systems, e.g., dojos /star of week/golden tickets Opportunities for social and emotional development, e.g., circle time, buddy systems, friendship strategies Social seating and choice Structured routines and clear guidelines Time out/calming/self-regulation strategies, e.g., colouring, music and areas, e.g., den tents, the hive Movement breaks Fidget toys Calm spaces PSHCE Curriculum Assemblies focussing on mental health and wellbeing Classroom worry monsters</p>	<p>ELSA Family Support Worker School Counsellor Lunchtime Club Social stories Need and strategies on pupil passport for all staff Transition preparation/objects/tasks/timings Access to The Hive (quiet SEMH resourced space)</p> <p>Intervention groups: Lego therapy Social Communication Group Time to talk Seasons Changes</p>	<p>SEN passport and individualised small step targets Access to time out areas/tents Designated work space/area with reduced distraction/stimuli De-escalation plan (on passports) Personalised Social Stories Personalised visual timetable Now/next cards to break lessons into smaller chunks Now/next cards to model task then reward Individualised 5 point scales Zones of regulation Individualised 5 star scales Individualised rewards ‘Down time’ Adapted curriculum Reduced / adapted timetable</p> <p>Advice from external agencies Inclusion Service Oakfield Outreach Forest Way Outreach Autism Outreach Team Education Psychologist</p>
Families	<p>Morning greet by member of SLT Evening good bye from member of SLT</p> <p>ELSA available each morning for immediate needs</p> <p>Discussion with class teacher</p> <p>Access to school website and sign posting to other agencies</p>	<p>Family Liaison Worker</p> <p>School Counsellor</p> <p>Direct sign posting to school website</p>	<p>GP /Community Paediatrician Education Early Help Referral https://resources.leicestershire.gov.uk/education-and-children/child-protection-and-safeguarding/early-help Leicestershire Children’s Wellbeing and Family services https://www.leicestershire.gov.uk/education-and-children/social-care-and-supporting-families/children-and-family-wellbeing-service NHS Mental Health https://www.nhs.uk/mental-health/children-and-young-adults/mental-health-support/ Free family wellbeing sessions at local centre https://www.mrc.uk.net/whats-on/wellbeing-sessions/</p>
Staff	<p>Access to staff Mental Health & Well Being leads Workload consideration/policy Wellbeing display in staff room Calendar dates circulated early Staff wellbeing events, e.g., breakfast drop in, wellbeing day Frequent texts/messages highlighting wellbeing strategies and support</p>	<p>School counsellor</p> <p>Access to additional resources via a member of the Wellbeing Team</p>	<p>Access to additional resources via a member of the Wellbeing Team</p>