

## What to wear at Forest School

- Long-sleeved t-shirt, to prevent scratches or stings.
- Comfortable long trousers, to prevent scratches or stings.
- Wellies or outdoor boots, waterproof and comfortable is essential.
- In cold or wet weather, wear waterproofs, warm jogging bottoms a hat, gloves, and a warm coat. Don't forget to layer up! You can always remove items if needed.
- In warm or sunny weather, keep shoulders covered, wear a sunhat, suncream.
- Make sure the clothes are old and can get dirty!