

New Swannington Primary School



PSHCE Policy

Approved by Governors: September 2023

Signed on behalf of the Governing Board

A handwritten signature in black ink, appearing to read 'J. Pinto', written over a horizontal line.

(Chair of Governors)

Personal, Social, Health, Citizenship and Economic Education Policy

Introduction

This policy covers our approach to Personal, Social, Health, Citizenship and Economic (PSHCE) Education. It aims to set out the purpose of PSHCE education and the intended outcomes for pupils; it also includes our curriculum coverage and how it is delivered.

New Swannington Primary School is a friendly and caring school in which the children are supported and encouraged through lessons, assemblies and playtime to achieve their best in every aspect of their learning. This policy covers our school's approach to nurture individuals and develop pride and mutual respect for each other and our school within our diverse and inclusive community.

At New Swannington Primary School, we strive to create a safe and supportive learning environment that is based on trusting relationships between all members of the class, adults and children alike. We will create a safe and supportive learning environment which support our school rules of "Be Kind. Be Safe. Be Respectful."

Policy Availability

The policy is available to parents and carers through documentation being readily available to download on the school website. If you require this policy in printed format please contact the school office.

Legal Requirements

This policy takes into consideration the following legal requirements, national strategies and government guidance:

- Education Act
- Department for Education Guidance for Personal, Social, Health and Economic (PSHE) Education 2020
- Department for Education Guidance for the teaching of the statutory Relationships Education, Relationships and Sex Education (RSE) and Health Education 2020

Rationale

PSHCE education is currently a non-statutory subject. However, section 2.5 of the national curriculum asserts all state schools *"should make provision for personal, social, health and economic education (PSHE)"*. The PSHE Association states that, *"PSHE education contributes to school's statutory duties outlined in the Education Act 2002 to provide a balanced and broadly-based curriculum and is essential of Ofsted judgements in relation to personal development, behaviour, welfare and safeguarding."* In addition, the Relationships and

Health and Wellbeing areas of PSHE education have been compulsory in primary schools since September 2020.

Intent

Our PSHE education programme promotes our school ethos of providing opportunities to develop socially, emotionally, academically and physically to achieve the highest possible standards. This should also prepare them for life, both in the present and future to live successfully as citizens of the communities to which they belong. We believe that PSHE should enable children to become healthier, more independent and more responsible members of society. We encourage our children to play a positive role in contributing to the life of the school. In so doing, we help develop their sense of self-worth. We teach them how society is organized and governed. We ensure that the children experience the process of democracy through the election of class representatives, who make up the 'School Council'. They are encouraged to voice their views, ideas and opinions through this process, thus making a positive contribution to the school community.

Our objectives of PSHE are to enable the children to:

- Know and understand a healthy lifestyle
- Understand the effects of drugs, alcohol and tobacco
- Be aware of safety issues
- Understand what makes for good relationships with others
- Have respect for others
- Be independent and responsible members of a community, such as a school
- Understand what is meant by 'Democracy' and be positive and active members of a democratic society
- Develop self-confidence and self-esteem, and make informed choices regarding personal and social issues
- Develop good relationships with other members of a community
- Actively promote and understand their role in promoting British Values

Implementation

Our policy is centred on the Coram Life Education SCARF Programme for PSHE. Our school will deliver the following strands of PSHE as part of a fulfilling curriculum that the children have the right to access:

- Me and My Relationships
- Valuing Differences
- Keeping Myself Safe
- Rights and Responsibilities
- Being My Best
- Growing and Changing

In our school, the purpose of Me and My Relationships is to support to development of the children's feelings and emotions. It will also focus on the development of friendships and conflict resolution skills necessary to maintain positive relationships. In addition to this, the unit also focuses on the development and maintenance of relationships. Conflict and resolution skills are taught explicitly to equip children with strategies that will help them to overcome disagreements with others.

Valuing Difference will help the children to develop the skills necessary to work with others. It focuses on respectful relationships and supports Core British Values. This unit encourages children to explore the importance of equality, democracy, mutual respect within society to ensure all members feel safe and accepted.

In our school, Keeping Myself Safe will provide the children with vital learning opportunities in the areas of health and safety, internet safety, drugs, alcohol, tobacco and relationship education. This unit encourages children to be increasingly responsible for their well-being by equipping them with the knowledge they need to make good choices, which have their best interests at heart.

At New Swannington Primary School, Rights and Responsibilities enables children to learn about living in the wider world in which they live. This will include learning about money and their future prospects and living in the wider world. It explores what it means to be a taxpayer and how the government uses tax money to support the economy and society they are a part of. This unit builds upon elements in Valuing Difference and Keeping Myself Safe, this unit encourages the children to acknowledge the growing responsibilities they have for their own actions as they grow older.

In our school, Being My Best will instill healthy life-style choices which includes developing a growth mindset and how to set personal goals. Promoting health education includes all aspects of physical and mental well-being, growth mindset and personal achievements, rather than simply focusing on a healthy diet and exercise.

Growing and Changing is delivered through lessons in which the children will learn about the human body and the changes that take place from birth to old age. Relationship and Sexual Education is included in the unit (please see RSE Policy in reference to the teaching practices of this unit). This unit raises awareness about the impact of puberty on the children's bodies, in relation to the physical and emotional changes both genders will experience as they become older. The unit also encourages the children to think about other changes they may experience in their lives, such as moving up to secondary school, allowing them to identify emotions that may be associated with said changes and ways in which they may be able to manage them.

Relationships with other policy

We believe PSHCE education is integral to many aspects of school life and this policy should be cross-referenced to the following related policies:

- Equality and Diversity
- Relationships and Sex Education (RSE)
- Safeguarding Child Protection Policy
- Confidentiality
- Trauma Informed Relationships and Behaviour Policy
- Anti-Bullying
- Continuing Professional Development

Impact

Because of our work with PSHE, pupils at New Swannington Primary School, are confident, polite and considerate to both those familiar to them and those who are not. They have a sound understanding of the meaning and importance of our school values and the essential requirements for effective communication and the development of positive relationships; they leave us well equipped to successfully embrace and enjoy secondary education with a very real view of being an effective and happy contributor in today's world.

Further Information

New Swannington Primary School's approach in PSHE is not simply designed to equip children with the skills, knowledge, understanding and aptitude they will need in our school. To be more precise, it will begin a process that will be built upon in secondary school, which prepares children for adult life.

Entitlement and Equal of Opportunity

We promote the needs and interests of all pupils, irrespective of gender, culture, ability, sexuality or personal circumstance (Equality Act 2010). We teach PSHE to all children, regardless of their ability and issues will be dealt with in accordance to the School Behaviour Policy. Teaching will consider the age, ability, readiness, and cultural backgrounds of children to ensure that all can fully access PSHE education provision.

Relationships and Sex Education

We are required to teach relationships education (RSE) as part of our PSHE curriculum and current regulations and guidance from the Department for Education state that Relationship Education is compulsory in all primary schools, but Sex Education is not compulsory. However, the National Curriculum for Science is compulsory and includes subject content in related areas, such as the main external body parts, the human body as it grows (including puberty) and reproduction in some plants and animals. The Department for Education recommends that all primary schools should have a sex education program that is tailored to

the age and the physical and emotional maturity of the pupils. It should ensure that both boys and girls are prepared for the changes that adolescence brings. Linked to the National Curriculum for Science, pupils will learn about human life cycles and how a baby is conceived and born. Parent and carers may only remove their child from the non-statutory elements of RSE. Please see the schools RSE Policy for further information.

Learning and Teaching

We allocate weekly one-hour lessons for each year group during curriculum time to PSHE education. Our PSHE education provision is mapped and planned effectively using the Coram Life Education SCARF Programme. The programme is taught through a range of teaching methods including:

- class discussion
- sharing of own life experiences
- role play
- simulation
- experimental activities
- games
- whole school assemblies
- school council
- outside agencies.

Assessment for Learning

Our teachers assess the children's work in PSHE both by making judgements as they observe and listen to children during lessons and by marking their recorded work against the learning objectives which relates to the learning objective stated within the SCARF Programme.

Teaching Responsibilities and Staff Training

The PSHE Lead and Headteacher are responsible for monitoring the standards of children's work and the quality of teaching. The PSHE Lead will monitor delivery of the programme through books looks, student interviews and discussion with teaching staff to ensure consistent and coherent curriculum provision. The Lead will support colleagues in their teaching by giving them information about current developments in the subject, and by providing a strategic lead and direction for the subject in the school. When using external speakers to deliver aspects of our PSHE programme, we will ensure that this support and benefit our PSHE curriculum and needs of the children in our school.

Confidentiality and Handling Disclosures

As a general rule, a child's confidentiality is maintained by the teacher or member of staff concerned. However, if this person believes that the child is at risk or in danger, she/he must record their concerns on CPOMS (the school's system for recording safeguarding, wellbeing and pastoral issues) and a member of the Designated Safeguarding Team will take action as laid down in the Safeguarding and Child Protection Policy. All staff members are familiar with the policy and know the identity of the member of staff with responsibility for Child Protection issues. The child will be supported by the teacher throughout the process.

Management and organisation of PSHCE Education

Our governing body will work closely with school staff to monitor the teaching and learning of PSHCE education.

Our PSHCE lead will support all staff in school in the preparation and delivery of PSHCE education and work to create a school ethos which supports and upholds content in the curriculum.

Our PSHCE education lead will implement a whole school scheme of work appropriate to our school setting. They will also support and monitor teaching and learning in this area.

Our class teachers will deliver high quality weekly PSHCE education lessons which follow the school's scheme of work and current best practice.

Our support staff will enhance the delivery of PSHCE by providing targeted interventions when needed.

Our pupils will engage respectfully and responsibly with all taught content.

Our parents and carers will be fully informed about what their children will be learning and will be actively encouraged to participate in the curriculum where appropriate.