



Parents of  
School  
Aged  
Children

# Information Session for :

## DAYTIME WETTING



## NIGHT-TIME WETTING



## CONSTIPATION



Please speak to your  
Public Health Nurse  
(School Nurse) on  
0116 2153250 or visit  
our websites or text  
**07520 615381 (city)**  
or **07520 615382**  
**(county)** for further  
information

# Frequently Asked Questions

## What happens at the Parent Information Session?

The Healthy Together Team presents information and practical tips to support you with your child's toileting needs.

## When and Where?

Face to Face in your School. Please speak to reception to express your interest.

Or via MS Teams (School, GP or self can refer to School Nursing)

Or visit <https://www.healthforkids.co.uk/leicestershire/wp-content/uploads/sites/2/2020/05/Universal-Healthy-Bladder-Healthy-Bowel-Presentation-Revised-2018.pdf>

## Can I discuss my child's toileting needs?

Yes, with face to face or MS Teams after the presentation a member of the Team will be available to answer any questions you may still have.

## Can I bring my child or children?

Unfortunately not. The sessions are generally held during the school day and have been designed just for parents/carers.

Health for  
Under 5s

Health  
for Kids!

HEALTH:TEENS

 ChatHealth