

Home learning EYFS 30.3.20 - 3.4.20

There are now new Maths and Phonics activity plans saved on our EYFS page for 30.3.20 - 3.4.20. Remember these are suggested activities and an idea of what sorts of things we would be doing in school. You can always mix up learning with other activities such as Education City and the extra Phonics and Maths activities saved on our page. Please let me know how you get on, if these are useful guides and if you need any additional support.

Tips for home learning and working with young children:

1. Set a routine for day. Take each day as it comes until you find your feet and see what works best for you and your family. Write down your routine for the day for you and your child to see. In these difficulty times, maintaining routine in the day can support your children's emotional wellbeing and provide some much needed certainty!
2. Have fun! Remember play is learning. What excites and interests your child? Build activities and learning around their interests.
3. If you're not sure how to do any of the work set, ask for help. We are here to support you as best we can.
4. Try activities from 100 Things to do Indoors - there is a Facebook group with the same name to support parents and carers supporting children at home. You could pull out a different number each day or let your child choose their own activity.
5. Make time to get physically energetic! - PE with Joe Wicks on YouTube is a great way for all the family to get moving. There are lots of other kids exercise videos on YouTube such as Just Dance Kids and Cosmic Yoga. You could even sign up to GoNoodle. You could set alarms throughout the day to make sure you find time to move about! When everyone in the house hears the alarm, you could have a quick dance to music or try one of the exercise videos.
6. If you can get outside safely, do so. Fresh air and being outside is so important. Remember, if your child was in school, they would be getting outside for break times throughout the day. If you are lucky enough to have a garden, get outside and use it.
7. Remember to take each day as it comes especially if you are balancing working from home yourself with supporting your child.

This is what your day could look like!

- 9am - PE with Joe Wicks Live on YouTube
- 9.30-9.45am - Maths activity
- **Play**
- 11am - Dough Disco (Check out Spread the Happiness TV on YouTube to find out more). This is a great activity to help develop fine motor skills that children need to hold pencils and write.
- 11.15 - Phonics activity.
- **Play**
- Lunch
- 1pm - Reading school books. If you need some new books to read, check out Phonics Play (www.phonicsplay.co.uk) for free comic books to read. You could even alternate where some days you read a story and the next day your child has a go with their own books.
- **Play**